

FIRST Swim Meeting: Session: 2: COACH evaluation sheet for TEAM: WST

Coachinfo: Warming up from: 13:00 untill 14:05. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mertens Wenke

Coaches: Fobelets Jos

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 8: 200M FREESTYLE MEN 11+					Heat:7, starttime: 14:47
Heat: 7/28 Lane : 8 Athlete: VAN WAELDEREN KAREL					Q-time: 02:59:98
PB (50m pool): no time PB (25m pool): 02:59.98 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:21, starttime: 15:28
Heat: 21/28 Lane : 3 Athlete: SLUYTS JENNE					Q-time: 02:13:01
PB (50m pool): 02:13.01 Wezenberg 01/02/2026 PB (25m pool): 02:08.10 SB: 02:13.01 Wezenberg 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.58	01:04.60	01:39.17	02:13.01	
	00:30.58	00:34.02	00:34.57	00:33.84	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:21, starttime: 15:28
Heat: 21/28 Lane : 8 Athlete: GYULNAZARYAN MAX					Q-time: 02:13:94
PB (50m pool): 02:13.94 Antwerpen 08/03/2026 PB (25m pool): 02:07.75 SB: 02:13.94 Antwerpen 08/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.66	01:04.26	01:39.52	02:13.94	
	00:29.66	00:34.60	00:35.26	00:34.42	
					

Coach feedback:

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Event number: 8: 200M FREESTYLE MEN 11+					Heat:23, starttime: 15:33
Heat: 23/28 Lane : 6 Athlete: SLUYTS TIBE					Q-time: 02:10:42
PB (50m pool): 02:10.42 Wezenberg 01/02/2026					PB (25m pool): 02:09.61 SB: 02:10.42 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.47	01:02.61	01:37.00	02:10.42	
	00:29.47	00:33.14	00:34.39	00:33.42	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:27, starttime: 15:43
Heat: 27/28 Lane : 4 Athlete: VAN WAELDEREN THOMAS					Q-time: 01:59:89
PB (50m pool): 01:59.89 Antwerpen 27/07/2025					PB (25m pool): 01:57.69 SB: 02:01.08 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:27.99	00:58.51	01:29.74	01:59.89	
	00:27.99	00:30.52	00:31.23	00:30.15	
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:12, starttime: 16:45
Heat: 12/18 Lane : 7 Athlete: LEMMENS FEBE					Q-time: 03:24:35
PB (50m pool): 03:19.02 Antwerpen 21/07/2024					PB (25m pool): 03:04.31 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:19.02	
	no time				
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:14, starttime: 16:52
Heat: 14/18 Lane : 4 Athlete: VAN AERSCHOT NEL					Q-time: 03:11:42
PB (50m pool): 03:19.18 Antwerp 28/01/2024					PB (25m pool): 03:10.39 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:19.18	
	no time				
					

Coach feedback:

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Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:15, starttime: 16:56
Heat: 15/18 Lane : 4 Athlete: VAN ROOSBROECK YUNA					Q-time: 03:06:14
PB (50m pool): no time					PB (25m pool): 03:06.14 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:18, starttime: 17:07
Heat: 18/18 Lane : 6 Athlete: VINGERHOETS MADELIEF					Q-time: 02:48:68
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback: